Psychomotor Vigilance Test

Using the Most Advanced Technology

Computer administered and scored, the Psychomotor Vigilance Test (PVT) is an extensively validated scientific measure of alertness and reaction time. This technology is in use by NASA to test for performance capability deficits caused by sleep deprivation and other factors. By capturing the speed with which a subject responds to a visual stimulus, this testing provides objective data to determine potential impairment of job duties.

Providing Improved Safety and Efficiency for Your Workforce

Testing is available at the time of a physical exam* and takes approximately 10-15 minutes to complete. Results are available within 24 hours, allowing employers and candidates to mitigate safety risks in a timely manner. Indications include new or continued medication use, sleep disorders and other fatigue related conditions.

A Lower Cost for Higher Satisfaction

Testing Fee: $50

Payment is due at the time of service. The fee is paid by the employee unless the employer has made payment arrangements in advance. However, he or she may discuss reimbursement with their employer.

As an alternative to the Useful Field of Vision (UFOV) test often requested by employers or Maintenance of Wakefulness Test (MWT) frequently completed by DOT candidates under treatment for Sleep Apnea, the PVT can be provided at a fraction of the cost and time.

*For more information on this and other St. Mary’s Occupational Medicine service offerings please contact Tatam Anslinger, Growth and Development Specialist at TAnslinger@stmarys.org or 812-485-6900.